

SERVICES AND PRICES

1 November 2023



Enjoy the most authentic
Ayurvedic courses of treatment
in a top-level European setting

Join over 30.000 happy clients

INDIVIDUALIZED CARE

In this list of services, we have compiled a few sample treatment packages. Your own treatment plan, however, is always drawn up individually – according to your personal requirements and the recommendations of the doctor. For all stays of four days or more, the package includes the following doctor's services:

- Initial examination with pulse diagnosis
- Assessment of Dosha imbalances; composition of the optimum treatment plan in accord with your wishes
- Daily doctor's attendance
- For stays of four days or more, also a concluding consultation with your doctor.

If your stay is shorter, you can book these as additional services. The listed treatments include additional measures such as warm towels, heat packs, and resting periods. These enhance the effectiveness and your pleasant experience of the treatment.

Find information about our services in the following sections:

- I. Doctor's fees
- II. Individual treatment prices
- III. Full board & supporting program
- IV. Room prices
- V. Package costs
- VI. General terms and conditions

I. MEDICAL SUPPORT

During Panchakarma treatment

Consultations and doctor's fee are to be settled directly with the medical practice of Dr. Karin Pirc.

Medical support during a Panchakarma course of treatment: Initial medical consultation, treatment plan, pre-treatment, daily medical stand-by care, and a concluding consultation at the end of the course of treatment.

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|---|----------|
| • for 4 days | 423.00 € |
| • for 5 days | 442,00 € |
| • for 7 days | 480.00 € |
| • for 10 days | 537.00 € |
| • for 14 days | 613.00 € |
| • for 21 days | 746.00 € |
| • for each additional day | 19.00 € |
| • Also included is a free follow-up telephone consultation with the attending physician within 3 months | |

MEDICAL CONSULTATION

Initial consultation (60 min.)

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| • Comprehensive anamnesis | |
| • Ayurvedic pulse diagnosis | |
| • Practical tips and dietary advice to follow at home | |
| • Prescription of Ayurvedic herbal food supplements | 219.00 € |

Follow-up consultation (30 min.) 109.00 €

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|--|---------|
| • Additional charge for weekends and public holidays | 17.00 € |
| • Consultation by phone, per 5 minutes | 16.00 € |

II. INDIVIDUAL TREATMENT PRICES

Synchronized Full-Body Oil Massage

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|----------------------------------|---------|----------|
| • Abhyanga (gentle massage) | • Kapha | 244.00 € |
| | • Pitta | 258.00 € |
| | • Vata | 269.00 € |
| • Vishesh (deep massage) | | 265.00 € |
| • Garshan (oil/dry massage) | | 284.00 € |
| • Udvartana (tissue stimulating) | | 298.00 € |
| • Pizhichill (under flowing oil) | | 428.00 € |
| • Pizhichill (with coconut oil) | | 493.00 € |

Heat treatments

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|-------------------------------|----------|
| • Svedana (herbal steam bath) | 138.00 € |
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Medicinal enemas

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|---|----------|
| • Matra Basti (oil or Ghee) | 129.00 € |
| • Shodana Basti | 129.00 € |
| • Kshira Basti | 129.00 € |
| • Brimhana Basti | 129.00 € |
| • Veda-Matra Basti (herbs or bitter Ghee) | 168.00 € |

Localized treatments

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|---|-------------------|----------|
| • Shirodhara (oil flow on the forehead) | • short | 147.00 € |
| | • medium | 157.00 € |
| | • long | 167.00 € |
| • Takradhara special | | 396.00 € |
| • Shirobasti (herbal oil bath / head) | | 264.00 € |
| • Nasya (comprehensive shoulder, neck and head massage, warm compress and nose treatment) | | 229.00 € |
| • Karnapurana (Tinnitus therapy) | | 137.00 € |
| • Netra-Tarpana (eye treatment) | | 151.00 € |
| • Shiroabhyanga (massage of the head) | | 118.00 € |
| • Trigeminal neuralgia relief treatment | | 116.00 € |
| • Padabhyanga (foot and lower leg massage) | | 138.00 € |
| • Lepam (herbal packs) | | 129.00 € |
| • Aroma Therapy | | 144.00 € |
| • Local package | 48.00 € - 63.00 € | |
| • Maharishi Light Therapy with Gems | 94.00 €-135.00 € | |
| • Marma Therapy | 116.00 €-169.00 € | |
| • Back massage | 105.00 € | |

Pain therapy

- | | |
|--|-------------------|
| • Pinda Sveda (localized treatment) | 387.00 € |
| • Pinda Sveda (treatment of several areas of the body) | 436.00 € |
| • Kalari Marma Uzichill (5 positions) | 398.00 € |
| • Pain therapy | 179.00 € |
| • Patra Potali (localized) | 128.00 €-188.00 € |
| • Patra Potali (full body) | 334.00 €-395.00 € |
| • Podikili (localized) | 108.00 €-152.00 € |
| • Podikili (large area) | 269.00 €-339.00 € |

Oil therapies

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|---|----------------------|
| • Kativasthi (oil treatment on lumbar spine) | 170.00 € |
| • Grivavasthi (oil treatment for shoulder problems) | 170.00 € |
| • Jaanuvasthi (oil treatment for non-inflamed knee problems) for both knees | 170.00 €
224.00 € |
| • Hrid Vasthi (oil treatment for heart problems) | 170.00 € |
| • Chakravasthi (for various stomach and stress problems) | 170.00 € |
| • Yakrithvasthi (for liver and metabolism disorders) | 170.00 € |
| • Chakra Hrid Vasthi (oil therapy for heart and solar plexus) | 224.00 € |

GETTING TO KNOW AYURVEDA

One-day pampering and relaxation

• 1 x Abhyanga – Pitta	258.00 €
• 1 x Shirodhara – medium	157.00 €
• Video lecture: “Introduction to Panchakarma”	
Total:	415.00 €*

Two-day royal treatment (example)

• 1 x Abhyanga – Pitta	258.00 €
• 1 x Shirodhara – medium	157.00 €
• 1 x Vishesh	265.00 €
• 1 x Svedana	138.00 €
• Video lecture: “Introduction to Panchakarma”	
Total:	818.00 €*

QUICK RECHARGE

Deep relaxation, cleansing, and revitalization in just a few days. Ideal if you want a short break to “recharge your batteries”.

Three-day Regeneration (example)

• 2 x Abhyanga – Pitta	516.00 €
• 1 x Udvarthana	298.00 €
• 1 x Shirodhara – medium	157.00 €
Total:	971.00 €*

Five-Day Revitalization (example)

• 3 x Abhyanga – Pitta	774.00 €
• 1 x Udvarthana	298.00 €
• 3 x Shirodhara – medium	471.00 €
• 1 x Svedana	138.00 €
• 1 x Matra Basti	129.00 €
Total:	1,810.00 €*

Seven-Day Total Luxury (example)

For an effective regeneration

• 2 x Abhyanga – Pitta	516.00 €
• 1 x Vishesh	265.00 €
• 1 x Udvarthana	298.00 €
• 2 x Shirodhara – medium	314.00 €
• 2 x Svedana	276.00 €
• 1 x Pizhichill	428.00 €
• 2 x Matra Basti	258.00 €
Total:	2,355.00 €*

COMPREHENSIVE PANCHAKARMA

Course of treatment for maximum regeneration and long-lasting prevention

10-Day Panchakarma (example)

For effective revitalization

• 1 x Udvarthana	298.00 €
• 4 x Abhyanga – Pitta	1,032.00 €
• 2 x Shirodhara – medium	314.00 €
• 1 x Svedana	138.00 €
• 2 x Matra Basti	258.00 €
• 1 x Shodana Basti	129.00 €
• 1 x Vishesh	265.00 €
• 1 x Padabhyanga	138.00 €
Total:	2,572.00 €*

14-Day Panchakarma (example)

Effective course of treatment for purification and to address specific conditions

• 2 x Udvarthana	596.00 €
• 5 x Abhyanga – Pitta	1,290.00 €
• 2 x Vishesh	530.00 €
• 3 x Shirodhara – medium	471.00 €
• 2 x Svedana	276.00 €
• 3 x Matra Basti	387.00 €
• 2 x Shodana Basti	258.00 €
• 1 x Nasya	229.00 €
• 1 x Padabhyanga	138.00 €
Total:	4,175.00 €*

21-Day Panchakarma (example)

A health vacation. Relaxation and revitalization on the highest level

• 1 x Shiroabhyanga	118.00 €
• 3 x Udvarthana	894.00 €
• 8 x Abhyanga – Pitta	2,064.00 €
• 2 x Vishesh	530.00 €
• 3 x Shirodhara – medium	471.00 €
• 3 x Svedana	414.00 €
• 4 x Matra Basti	516.00 €
• 3 x Shodana Basti	387.00 €
• 3 x Nasya	687.00 €
• 2 x Padabhyanga	276.00 €
Total:	6,357.00 €*

* You can find an overview of the total costs including consultations and doctor's fees, full board, supporting program and accommodation costs in Häcker's Grand Hotel on page 5.

In consultation with you, the attending physician may recommend additional or fewer therapies to optimize your therapy's success. Thus the total fee for the treatments can vary upwards or downwards.



III. FULL BOARD & SUPPORTING PROGRAM

Gourmet full board from our Maharishi Ayurveda Health Centre's own kitchen: € 71.00 per day. This includes the delicious Ayurvedic meals as well as all drinks, individualized to ensure optimal treatment success.

The Maharishi Ayurveda Health Centre offers a **wide range of services** supporting your Panchakarma course of treatment.

The daily flat rate of € 21.00 for the Supporting Program is independent of the use of the individual offers for each overnight stay and includes the following services:

- Yoga and breathing exercises
- Gandharva Veda music therapy
- Evening lectures by our doctors, health advisors and seminar leaders
- Basic video course on Maharishi Ayurveda
- Personal and individual guest care

- Hot water room service, 2 x daily
- Ayurvedic tea bar
- Music and Ayurveda lending library
- Regular concerts in the park or in the Marmor Hall (see concert schedule)



Yoga Asanas

IV. HOTEL PRICING (accommodation only)

Exclusive Class – fee per person per night

Double room	127.00 € p. P.
Double room, 5 nights or more	124,50 € p. P.
Single room	139.00 € p. P.
Single room, 5 nights or more	134.00 € p. P.
Double rooms can be booked for single occupation by arrangement with the Hotel.	

Suites – fee per person per night

Double room Junior Suite (double occupancy)	143.00 € p. P.
or Grand Suite (double occupancy)	187.00 € p. P.
Junior Suites and Grand Suites can be booked for single occupancy by arrangement with the Hotel.	
Suite as double room	162.00 € p. P.



Pricing includes access to of the hotel's wellness facilities, including the thermal swimming pool and the dry and steam saunas. Accommodation prices are per person per day and depend on the room category.

Payment of accommodation fees plus hotel tax is to be settled with Häcker's Grand Hotel.

The day of arrival and the day of departure are each counted as half a day.



Thermal indoor pool



Whirlpool including outdoor sauna area



Sauna indoor area

V. PACKAGE COSTS

Two-day royal treatment (example)

• Treatment costs	818.00 €
• Full board & supporting program	184.00 €
• Consultations and doctor's fee	219.00 €*
• 2 nights in a single room in Häcker's Grand Hotel p.p.	278.00 €
Total:	1,499.00 €**

Three-day Regeneration (example)

• Treatment costs	971.00 €
• Full board & supporting program	276.00 €
• Consultations and doctor's fee	219.00 €*
• 3 nights in a single room in Häcker's Grand Hotel p.p.	417.00 €
Total:	1,883.00 €**

Five-Day Revitalization (example)

• Treatment costs	1,810.00 €
• Full board & supporting program	460.00 €
• Consultations and doctor's fee	442.00 €*
• 5 nights in a single room in Häcker's Grand Hotel p.p.	670.00 €
Total:	3,382.00 €**

Seven-Day Total Luxury (example)

• Treatment costs	2,355.00 €
• Full board & supporting program	644.00 €
• Consultations and doctor's fee	480.00 €*
• 7 nights in a single room in Häcker's Grand Hotel p.p.	938.00 €
Total:	4,417.00 €**

10-Day Panchakarma (example)

• Treatment costs	2,572.00 €
• Full board & supporting program	920.00 €
• Consultations and doctor's fee	537.00 €*
• 10 nights in a single room in Häcker's Grand Hotel p.p.	1,340.00 €
Total:	5,369.00 €**

14-Day Panchakarma (example)

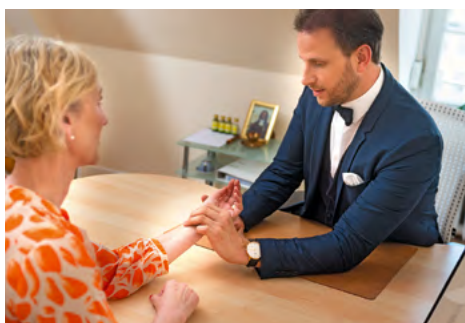
• Treatment costs	4,175.00 €
• Full board & supporting program	1,288.00 €
• Consultations and doctor's fee	613.00 €*
• 14 nights in a single room in Häcker's Grand Hotel p.p.	1,876.00 €**
Total:	7,952.00 €

21-Day Panchakarma (example)

• Treatment costs	6,375.00 €
• Full board & supporting program	1,932.00 €
• Consultations and doctor's fee	746.00 €*
• 21 nights in a single room in Häcker's Grand Hotel p.p.	2,814.00 €**
Total:	11,849.00 €

* To be settled directly with the medical practice of Dr. Karin Pirc.

** To be settled directly with Häcker's Grand Hotel.



VI. GENERAL TERMS AND CONDITIONS

§1 Legal conditions

According to provisions of the law on sales contracts, of Germany, the following conditions apply:

§2 Pricing

Your booking confirmation determines which services and prices are contractually agreed on, with reference to the current list of Services and Prices. The total fees include your stay and the confirmed treatments, the board you have booked, and the supporting program. If you decide to extend your stay or have additional treatments, those will be charged separately.

Reservations can be made over the phone, by email or in writing. Your booking becomes official when you receive our confirmation and the invoice for the security deposit of € 500. You may cancel your reservation – in writing only – during the first seven days after making the reservation. In this case, there will be no cancellation fee, provided it is more than four weeks before your treatment is scheduled to begin, because that is when we start planning your doctor's visits, treatments, meals and staff.

Starting the eighth day after making your reservation, a cancellation fee will apply. Any change to your reservation will result in a 51 € administrative fee.

§3 Cancellation and early departure

Cancelling your reservation is only possible in written form. The cancellation charges depend on the time left until your treatments are scheduled to start and are proportional to the services booked, as follows:

In case of cancellation or early departure:

- until 4 weeks before arrival: 10%
- until 2 weeks before arrival: 30%
- 13 to 4 days before arrival: 50%
- 3 days or less before arrival: 75%

If you don't arrive at all ('no show'), we charge 80% of the total cost estimate.

Early departure: If you have to leave before your course of treatment is complete, those services that were booked but not received will be charged at 80% of their cost.

In the event of termination of the contract or in the event of non-utilization of the contractually agreed services, the guest has the burden of proof that no damage has arisen due to the

termination or non-utilization or that this damage is significantly lower than the cancellation fees listed under §3.

Of course, we will also accept a same-sex substitute person if you are unable to take the cure yourself.

We will also be happy to arrange reasonably priced cancellation insurance.

For patients who require special care, a surcharge will be levied according to the additional expenses.

§4 Notice of defects and warranty

During your course of treatment: Should any aspect of our services be unsatisfactory, it should be brought to our attention immediately, so we can remedy the situation right away.

§5 Cancelling treatments during your stay

Cancelling single Ayurveda treatment sessions during your stay is possible until noon on the day before the planned treatment. Otherwise, you will be charged 80% of the treatment cost, unless there is a medical indication.

§6 Data protection

Your personal information will be used solely for processing your reservation and for our own internal use, unless you have expressly agreed to additional usage.

If you wish to have your personal information removed, blocked or updated, please email us at:
info@ayurveda-badems.de

§7 Applicable law

German law is applicable to all our services and contractual agreements.

In case of doubt, the German version of these Terms and Conditions applies.

§8 Company information

The general terms and conditions apply to both **Maharishi Ayurveda Health and Seminar Center Bad Ems GmbH**,

HRB Koblenz 4569, place of performance Bad Ems, VAT ID: DE 149321178

as well as for the **Medical practice Dr. Karin Pirc**
Am Robert Kampe Sprudel

P.O. Box 13 30
D-56120 Bad Ems

Owner and CEO: Lothar Pirc – Head physician and owner of the medical practice: Dr. Karin Pirc

This list of prices and services is valid from 1 November 2023 and replaces all previous price lists. Subject to change; errors and misprints excepted. Our general terms and conditions apply.



We will be delighted to advise you personally.

Please call us: **+49 2603 9407-0**

info@ayurveda-badems.de

www.ayurveda-badems.com